# Mepilex<sup>®</sup> Up

An innovative foam dressing designed to minimise the risk of leakage<sup>1</sup>. Inspired by patient needs and clinician perspectives.

A patented foam structure creates a dimpled surface The innovative dimpled foam improves the capillary action, allowing exudate to spread in all directions, even against gravity<sup>1</sup>.

The unique spreading properties minimise the risk of leakage and manage exudate for several days, which may contribute to a longer wear time<sup>1</sup>.

Breathable, water-resistant backing film Secures exudate within the dressing while allowing excess moisture to evaporate. Safetac<sup>®</sup> wound contact layer Our patented Safetac Technology provides gentle adhesion while minimising pain and damage to the wound bed and the surrounding skin<sup>2-4</sup>.

## Despite its slimness, Mepilex<sup>®</sup> Up can handle high volumes of exudate<sup>1</sup>

- Highly conformable and easy to handle<sup>1</sup>
- Able to manage exudate from low-to-high exuding wounds<sup>1</sup>

#### Unique capability of spreading exudate evenly in all directions, supporting better exudate handling than other foam dressings<sup>1\*</sup>. This may contribute to:

- Longer wear time and fewer dressing changes<sup>1</sup>
- Minimised risk of leakage<sup>1</sup>, even under compression
- Potentially improved quality of life for patients
- Lower cost of care due to fewer dressing changes

## Fits right into your wound dressing formulary

Mepilex Up can be used on a wide range of exuding wounds, in all healing stages. It is highly adaptable and seamlessly integrated into existing protocols, without needing to change the choice of compression wraps or offloading devices.



### Instructions for use Mepilex® Up



 Cleanse the wound in accordance with your local clinical practice. Dry the surrounding skin thoroughly. Select an appropriate dressing size considering the following:

- Low exuding wounds, the dressing should cover the surrounding skin by at least 1 cm for small wounds and at least 3 cm for large wounds.
- Moderately to highly exuding wounds, the dressing should cover the surrounding skin by at least 5 cm. The dressing may be cut to suit various wound shapes and locations.



2. Remove the first release film. Apply the adherent side to the wound. Remove the remaining release film and smooth down the dressing on the skin. Do not stretch the dressing.



When necessary, fixate Mepilex Up with a bandage or other fixation.

#### Product description

Mepilex Up is a highly conformable dressing that absorbs both low and high viscous exudate, maintains a moist wound environment and minimises the risk of maceration. The soft silicone layer (Safetac®) is non-adherent to the moist wound bed, but adheres gently to the dry peri-wound skin. It protects the wound and skin, while also minimising pain for patients and reducing trauma to the wound and surrounding skin during dressing removal.

#### Benefits of Mepilex Up

- The innovative dimpled foam improves the capillary action, allowing exudate to spread in all directions, even against gravity<sup>1</sup>
- Absorbs and spreads both high- and low-viscosity exudate
- Designed to minimise leakage<sup>1</sup>
- Minimises the risk of maceration
- Its low profile makes it highly conformable and easy to handle<sup>1</sup>



#### Mepilex Up assortment (Sterile packed)

Product code	Size (cm)	Pcs/box
212015	5 x 5	5
212100	10 × 10	5
212300	15 x 15	5
212200	10 x 20	5
212400	20 × 20	5
212500	20 x 50	2

#### Safetac<sup>®</sup> Technology. Less damage. Less pain.

Safetac<sup>®</sup> adheres gently to intact skin but not to the wound itself, thereby preventing damage to the peri-wound skin (e.g. skin stripping) and the wound bed, as well as minimising associated pain on removal<sup>5-10</sup>. Safetac seals the wound edges, preventing exudate from leaking onto the surrounding skin, thus minimising the risk of maceration<sup>5,7,8,10,11,12</sup>.

#### Indications for use

Mepilex Up is intended for the management of a wide range of exuding wounds in all healing stages such as chronic wounds e.g. leg ulcers, foot ulcers and pressure injuries, and traumatic wounds e.g. skin tears and secondary healing wound.

#### Precautions

- Do not use Mepilex Up on patients and/or users with known hypersensitivity to the materials/components of the product.
- Do not use together with oxidising agents such as hypochlorite solutions or hydrogen peroxide. However, Granudacyn® has been tested and evaluated and can be used with Mepilex Up.
- If you see signs of clinical infection, e.g. fever, or if the wound or the surrounding skin becomes red, warm or swollen, consult a healthcare professional for appropriate treatment.
- Do not reuse. If reused, the performance of the product may deteriorate, cross-contamination may occur.
- Sterile. Do not use if sterile barrier is damaged or opened prior to use. Do not re-sterilise.

1. Mölnlycke Health Care. Data on File. 2024. 2. Zillmer R et al. Biophysical effects of repetitive removal of adhesive dressings on peri-ulcer skin. J Wound Care. 2006;15(5):187–191. 3. Waring M et al. An evaluation of the skin stripping of wound dressing adhesives. J Wound Care. 2011;20(9):412–422. 4. White R. A multinational survey of the assessment of pain when removing dressings. Wounds UK. 4(1). 2008. 5. Strohalt, Mitllböck M, Müller W. Hämmerle G. Management of hard-to-heal leg ulcers with an acidoxidising solution versus standard of care: The MACAN study. Journal of Wound Care. 2012;30(9):694–704. 6. Mölnlycke Health Care. Data on File. 7. White R. A multinational survey of the assessment of pain when removing dressings. Advances in Skin and Wound Care. 2009;22(7):304-310. 9. Rippon, M., Davies, P., White, R., Taking the trauma out of wound care: the importance of undisturbed healing. Journal of Wound Care. 2012;21(6):359-368. 10. Upton D and Solowiej K. The impact of atraumatic vs conventional dressings onpain and stress. Journal of Wound Care. 2012;21(5):209-15. 11. Van Overschelde P et al. A randomised controlled trial comparing two wound dressings used after elective hip and knee arthroplasty. Poster presentation at 5th Congress of the WUWHS. Florence, Italy. 2016. 12. Bredow J, et al. Randomised controlled trial of flexible self-adherent absorbent dressing coated with silicone layer after hip. knee or spinal surgery in comparison to standard wound dressing. Poster presentation at WUWHS Congress. [Lay, 2016. 12]. Bredow J, et al. [Landomised controlled trial of flexible self-adherent absorbent dressing coated with silicone layer after hip. knee or spinal surgery in comparison to standard wound dressing. Poster presentation at WUWHS Congress. [Lay, 2016.]

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